



Centennial Middle School Athletics Handbook

Philosophy

We believe that sports change lives for the better.

We believe that participation in athletics increases confidence.

We believe that the purpose of middle school athletics is skill development.

We believe that BEARS athletes need to:

- Be their best on and off the field.
- Encourage others.
- Appreciate the game.
- Respect coaches, teammates, officials and competitors.
- Stay academically eligible.

Research has shown that athletics participation is associated with higher GPAs, lower dropout rates and stronger commitments to school compared to the non-athlete student. Because of this, we encourage every student to participate. The sports that we offer to all 7th and 8th grade students include the following:

Fall

*Cross Country

Football

Volleyball

Winter

Boys Basketball

Girls Basketball

*Wrestling

Spring

Track

*6th grade students can participate in Cross Country and Wrestling.

Requirements to Participate

- Athletic packets may be picked up at the main office or downloaded from our school website. The athletic packets include: Physical form, consent to treat, insurance form, training code.
- In addition to the athletic packet the athletic handbook and use of equipment page must be signed and turned into the front office.

- Completed athletic packets and sports fees must be turned into the office. The front office will issue a yellow slip. Yellow slips signify to coaches that an athlete may participate.

Academic Eligibility

- To participate in athletics a student must be in good academic standing. A student may not have more than one F in their classes. A student with more than one failing class is ineligible. Additionally, if a student has earned one F then they may not have more than one D at the time of eligibility check. A student with an F and two or more D's is not eligible to participate.
 - Eligibility will be pulled every Friday morning.
 - Students will be notified on Friday if they are not eligible to participate in games for the following Monday through Saturday.
 - Ineligible students are expected to participate in practice and sit with the team during home games.
 - **Ineligible students will not travel!**

Absences

- If a player is going to miss practice, it is their responsibility to make sure that the head coach knows in advance.
- A player may be removed from the team for two unexcused absences or at the very least have playing time reduced.
- Students must attend the last half of the school day to participate in that day's competition or practice. For Saturday competitions, an athlete must be present on the last prior day of school. Illness and unusually long weekends will be given special consideration.
- If a student is truant for any period that day he/she will not participate in that day's competition or practice.
- If a student is going to miss class because of activities they need to collect work before they leave and make it up in a timely fashion.
- Excessive tardiness during the school day may result in loss of playing time.

Transportation

- Students will ride the bus with the team to all away games.
- Parents can take their own child home from events by signing out with the coach.
- Students will not go home with anyone other than the custodial parent without clearing it with the coach and Athletic Director in advance. A permission note signed by the parent prior to leaving for the event will be required with **twenty-four hour** notice to school officials.

Uniforms

- In the event that the uniform or equipment checked out to the student is lost, stolen, destroyed, damaged, or not returned, the athlete will be responsible for paying for that uniform or equipment.
- In accordance with high school athletic rules jewelry may not be worn during warm ups and/or competitions. We encourage athletes

and families to not obtain a piercing during a time frame that may affect athletic participation.

Citizenship

- Each student/athlete will be expected to follow the citizenship code of Centennial Middle School and the policies of the MCSD RE-1J Athletic Handbook.
- As specified in the MCSD Athletic Training code drug, alcohol, and tobacco violations, including vaping, will result in the inability to participate in competitions. See MCSD Training Code for specific description.
- Poor behavior during athletic events or while traveling to and from athletic events may result in disciplinary action and possible removal from the team.

Cost of Sports

The costs of each sport are used to pay for officials, uniforms, field maintenance and travel. Travel fees are subject to change on an annual basis. The following is a list of each sport and the associated fees.

Football= \$80.00 (\$50 + \$25.00 helmet and shoulder pad reconditioning fee+ \$5 transportation fee.)

Volleyball, XCountry= \$50.00

Girls Basketball, Boys Basketball, Wrestling= \$50

Track= \$50

All athletes= \$5 additional once-a-year Athletic Locker Fee.

Competition Admission Fees		
Admission to Football, Volleyball, and Basketball non-tournament games: \$4.00 Adults \$2.00 Students and Seniors (65 and older) \$10.00 max per Family	Admission to Volleyball and Basketball tournament and game days: \$5.00 Adults \$3.00 Students and Seniors (65 and older) \$15.00 max per Family	Admission to Wrestling Tournaments: \$6.00 Adults \$3.00 Students \$2.00 Seniors (65 and older) \$15.00 max per Family

Sincerely,

Shane Yanosky



Centennial Middle Athletic Director



Please read the CtMS Athletic Handbook and sign below acknowledging that you agree and understand all of the components listed in the handbook. Both the athlete and guardian need to sign. The signed page needs to be returned to the front office.

Parent/Athlete Acknowledgement Form

Please sign and return to the main office.

I, _____, parent
of, _____ an athlete at Centennial Middle School has
received and read the Centennial Middle School Athletics Handbook. I hereby agree to
follow the guidelines of the handbook. I also realize that some situations may occur that
are not specifically covered in the handbook. If this occurs we realize the coaching staff
will handle the situation as well as possible, according to what is best for the team, goals,
and philosophies of the athletic program.

Printed Name of Athlete _____

Signature of Athlete _____ Date _____

Signature of Parent _____ Date _____